





FARM & WILDERNESS

FAMILY HANDBOOK

for

Barn Day Camp 2025

Updated April 2025





Family Handbook

CONTENTS

This Is	Page 2
Important Dates & Deadlines	Page 3
Camp & Offices Contact Info	Pages 4-5
Health & Wellness at Camp	Pages 6-9
Health Forms	
Camp Health Centers	
Immunizations	
Off-campus medical care	
Sickness or Injury at Camp	
Logistical Details	Pages 10-14
Pick up & Drop off times	Page 10
Camp Location & Directions	Page 13
Community & Culture	Pages 14-19
Animal Groups & Activity Area	s Page 16
Tuition & Fees	Page 20
Rates	
Deadlines	
Policies	
Campership (Financial Aid)	
Additional Fees	
Partnership Families	
Firm Rules	Page 21
After Camp	Page 22
Feedback & Testimonials	
Shipping Items Home	
Photos of Camp	
Outstanding Invoices	
Staying in Touch	



Camps & Acronyms

Farm & Wilderness = F&W
Barn Day Camp - BDC
Firefly Song - FS
Saltash Mountain = SAM
Tamarack Farm = TF
Timberlake = TL



IMPORTANT DATES & DEADLINES

Mark Your Calendars with these dates for ALL Farm & Wilderness overnight & day camp programs

June

June 1

- -Tuition due
- -Physical exam form due

June 23

Barn Day Camp Session 1 Begins

June 25

Overnight Session 1 Begins

June 27

Barn Day Camp Session 1 Ends

June 30

Barn Day Camp Session 2 Begins

July

July 4

Regular Day At All Camps

July 11

Barn Day Camp Session 2 Ends

July 14

Barn Day Camp Session 3 Begins

July 17

Overnight Session 1 Ends

July 20

Overnight Session 2 Begins

July 25

Barn Day Camp Session 3 Ends

July 28

Barn Day Camp Session 4 Begins



August

August 8

Barn Day Camp Session 4 Ends

August 9

Fair!

August 10

Overnight Full Summer/Session 2 Ends



CONTACT US

Who to Contact & When

All calls and emails should be directed to the Main Office year round during our office hours. Staff working in that office are dedicated to answering questions & assisting all camp families needs as well as directing all phone or email communications to ALL camps. We can answer your questions or connect you with right person or camp office who can.

During the summer months only (mid-June through mid-August), you may call or email camp offices and health centers directly during your child's camp session. The main focus of our Camp Directors and camp staff is the in person care to ensure safety of all campers. Day Camp staff seek out communication with camper families at drop off and pick up, and emails and calls to the BDC office are returned as soon as folks are able.

EMERGENCY'COMMUNICATIONS ONLY

If you have a family emergency during your child's camp session, please call the Main Office during office hours FIRST. If it's outside of our Main Office hours, call your camp office next and ask to speak to a Camp Director. If you MUST get a hold of someone within 24 hours and cannot reach reach anyone by phone, you may use our pager system.

To Page a Camp Director:

Call 1-888-622-3276

You will be asked who you would like to page Leave the name of the camp director and a brief message and phone number where you can be reached.



Main Office Hours & Contacts

Summer Office Hours Monday - Friday 8:30AM-4:30PM Closed on Saturdays & Sundays Year-Round

General

(802) 422 - 3761 info@farmandwilderness.org

Admissions

Sam Green | Enrollment Director Jenny Rist | Admissions Coordinator Admissions@farmandwilderness.org

Finance

finance@farmandwilderness.org

All Camp Health & Wellness
Terri Hunt | Health & Wellness Coordinator headnurse@farmandwilderness.org

When calling 422-3761, follow the voice prompts to tell the auto attendant which person or department you'd like to connect with.



FARM & WILDERNESS CAMP OFFICE CONTACT INFORMATION

Barn Day Camp (BDC)

Director | Emily Mathon

Director Email | Emily@farmandwilderness.org

Assistant Director Email

BDCassistantdirector@farmandwilderness.org

Camp Office Phone | 802-422-3565

Firefly Song (FS)

Director | Clarissa Thompson

Director Email | Clarissa@farmandwilderness.org

First Lodge Email |

FSfirstlodge@farmandwilderness.org

Big Lodge Email |

FSbiglodge@farmandwilderness.org

Senior Lodge Email |

FSseniorlodge@farmandwilderness.org

Camp Office Phone | 802-487-0399

Health Center Phone | 802-489-7888



Saltash Mountain (SAM)

Director | Adair Arbor

Director Email | Adair@farmandwilderness.org

Assistant Director Email |

SAMassistantdirector@farmandwilderness.org

Camp Office Phone | 802-259-2415 or 802-490-5151

Health Center Phone | 802-490-5711

Tamarack Farm (TF)

Director | Kate Kyros

Director Email | Kate@farmandwilderness.org

Assistant Director Email |

Thaddeus@farmandwilderness.org

Camp Office Phone | 802-490-5703

Health Center Phone | 802-487-0435

Timberlake (TL)

Director | John Kalapos

Director Email | John@farmandwilderness.org

Assistant Director Email

TLassistantdirector@farmandwilderness.org

First Lodge Email |

TLfirstlodge@farmandwilderness.org

Big Lodge Email |

TLbiglodge@farmandwilderness.org

Senior Lodge Email |

TLseniorlodge@farmandwilderness.org

Camp Office Phone | 802-490-1563

Health Center Phone | 802-422-4481

These offices and health centers are located physically at each camp and they will only be open between Mid June to Mid August

Pro Tip: Staff at camp offices can usually get back to you faster via an email exchange than returning a phone call.





HEALTH & WELLNESS AT CAMP

Health & Safety

We are committed to creating a healthy camp environment every summer. As a summer camp, we care for hundreds of children and employ hundreds of staff members. The health and well-being of our community is very important to us, and we take the responsibility of creating a safe environment seriously. We ask that everyone participate in being aware of the Farm & Wilderness specific guidance, which we will communicate to all registered families as well as post on our website's Family Resource Guide. This will support a safe and healthy environment for us all.

Creating a healthy camp community starts before campers and staff arrive. Families are crucial partners in this effort. We ask families to monitor their camper's health in the weeks leading up to camp and report any illness to admissions before arrival. Residential camper families are also required to perform a lice check on their camper before arrival. Any communicable illness may require a delayed entry to camp.

Camp Health Centers

Each camp has a health center that is overseen by a licensed nurse and may also be staffed with nurse assistants. If a higher level of medical care is needed, local clinic and a regional hospital are within 20 miles of camp. Our policy is to notify parents if a camper makes an offsite clinic or ER visit, stays in the health center overnight or for more than 24 hours, has a tick attachment, communicable disease, an ongoing medical concerns that is not improving, or anytime that a health provider feels there is important information you need to know. We will use the phone number and/or email you have provided in Camp Doc. Please let us know if you and your emergency contact are going to be unavailable or at a different location from the one listed for any period of time while your camper is in our care.

Staff & Training

Farm & Wilderness takes many steps to ensure that all campers have a happy and healthy summer. Each summer, all cabin staff and trip leaders are trained in First Aid and CPR. We also have a number of staff who are certified as Wilderness First Responders and Emergency Medical Technicians.

Medications & Prescriptions

It is Farm & Wilderness policy to collect all prescriptions and Over The Counter (OTC)medications/supplements of any kind from camper's parents/guardians on the first day of camp and for the nurse to dispense them as prescribed/directed. All medications must be in their original packaging/ bottle with the prescribing directions printed clearly on the label. Please pack your camper with enough medication to last the time they are in our care. Please note that our health centers stock a variety of

Please note that our health centers stock a variety of standard OTC non-prescription medications that nurses can administer on an as-needed basis for appropriate symptoms if they have been authorized by the parent/guardian in CampDoc. Some examples include, tablet, liquid and chewable forms of Ibuprofen(Advil, Motrin), Tylenol and Benadryl, Bismuth (Pepto Bismol), Loratadine/Claritin, topical Neosporin and Bacitracin. You don't need to send "as needed" OTC medications that we stock in our health centers unless your camper takes an OTC regularly (daily for example) or the OTC is prescribed by a healthcare provider. You can find the full list of OTC medications stocked in infirmaries in the Health Profile, Over The Counter Medication authorization section of your Camper's registration in CampDoc.

During wilderness trips, medication cannot be given in gummy or liquid format or be refrigerated. Except for melatonin, non-prescribed supplements may not be packed out on wilderness trips. Please reach out to connect with our health staff ahead of your arrival for more information, and to please plan to have the correct form of medication for your camper.

Camper Wellness & Expectations

We expect campers to participate in their own wellness to the extent that they are able. These responsibilities include: following medical advice, daily tick checks, basic hygiene, diligently avoiding foods they are allergic to, and letting staff know if they have a health related problem. Staff will help encourage and remind campers of these responsibilities as they see the need. Please talk to your child about these responsibilities for their care before they arrive at camp.

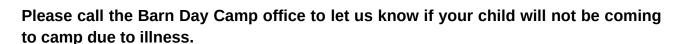




HEALTH & WELLNESS AT CAMP

Illness: We ask that parents assist us by keeping sick children at home if they have experienced any of the following symptoms within the prior 24 hours:

- A fever over 100 degrees (37.8C) orally
- Signs of a newly developing cold and/or severe coughing
- · Shortness of breath
- · Chills, muscle pain or body aches
- · Loss of taste or smell
- Diarrhea, vomiting, or upset stomach
- Unusual loss of appetite, fatigue, irritability, or headache
- Discharge or drainage from eyes, nose, and/or open sores
- Awaiting results of COVID-19 testing.
- Have been tested for COVID-19 and return a positive diagnostic result.



Emergencies

If your child is seriously injured or becomes seriously ill at camp, our staff will call 911. Immediately thereafter, you, the child listed parent/guardian(s) will be notified, and if we cannot connect directly with you, we will leave a message and reach out to your emergency contact for assistance in contacting you. For less serious injuries/illnesses, our Wilderness First Aid certified staff will treat the injury/illness up to the level of their training. If a doctor's visit is the next step, you will be asked to pick up your child and transport them to the doctor or clinic of your choice. If your camper develops any signs and symptoms of communicable illness while at camp, we will notify you to come and pick up your camper





HEALTH FORMS & INFORMATION

CampDoc Health Profile

What Are They & Who Completes Them?

The camper's parents/ legal guardians

complete this form as part of registration. This is essential basic medical history, allergy, mental health, food preferences, and insurance information. These forms must be completed upon registration every year. If we do not have your camper's registration forms within 10 days of registering your camper, you will begin to receive automated reminder emails and you may get a call from us asking for you to complete the forms. Your registration may be cancelled if it remains incomplete after notifications.

The reason we ask for this information so early in the process is that every camper's profile undergoes a pre-camp screening by our staff. Camper families may hear from our health staff before camp begins to follow up on the information provided. Then, once summer starts, nurses have this information to provide your child with the care they need should they become sick or injured at camp. It also ensures we have information about food allergies for our kitchens.

How to Access & Update Them

You MUST complete the Health History form through your online account which holds your child's registration. If any changes happen between the time you first completed the form and the start of camp, please request an update to this form. If you need assistance in accessing your account, please contact our admissions department.

ONLINE ACCOUNT LOGIN LINK

The Camper Health Profile, completed during registration, as well as the physician Physical Exam Form are both required for a child to attend camp. It is important we have the most accurate health information for your child while they are in our care. Please let Admissions and your Camp Director know if there are any changes to your child's health before you arrive to drop them off.

Physical Exam Form

What Are They & Who Completes Them? These are essential forms containing information about your child's current health and immunization record completed by your child's primary care physician. Campers must have had a physical exam within one year of their arrival at camp.

Most doctor's offices have their own format for these forms and we accept all formats as long as they contain basic health information, the immunizations record, and a physician's signature & contact information. We also provide our own form for you to bring to the doctor's office if you'd like. You can download a copy of this form via the physical exam form in your registration account or request a copy be mailed or emailed to you from Admissions.

You must submit a copy of this form before your arrival to camp.

Please do not email, mail, or fax your child's physical exam form. The form must be uploaded to their CampDoc account. If you have trouble uploading your form online, please contact us by email at admissions@farmandwilderness.org or call 802-422-3761 and someone will assist you.

IMMUNIZATIONS & OFF-SITE MEDICAL CARE

Immunizations

In the state of Vermont, summer camps are considered "Child Care" facilities. Therefore, we require all campers are up to date with the Vermont State health guidelines regarding immunizations for Child Care centers. For more information about child immunization requirements in the state of Vermont, visit the <u>Vermont Immunization Information for School-age Children website</u>.

With measles cases being reported in the US we remind parents that the MMR vaccine is part of the Vermont School vaccination schedule, which Farm & Wilderness follows. If anyone develops measles in the days prior to camp, please contact our Admissions office immediately. If anyone develops measles while at camp, that individual will be asked to leave camp and recover at home.

Immunization Exemptions & Waivers

Please reach out to admissions directly if you require more information about the processes for medical religious or exemptions or amended/alternative/catchup immunization schedules, all of which are reviewed on a case-by-case basis. It is important to note that in the event of an infectious disease at camp any individual who is not vaccinated for that infectious disease may be asked to leave camp as part of camp's response to mitigating the risk of that infectious disease spreading at camp.

Immunization Records

Please enter your camper's immunization records (including dates each dose was administered) in the immunizations section of your child's CampDoc health profile. Immunization records, once dates have been input into their CampDoc Health Profile, will remain in their profile from year to year to review and confirm, when you may also enter any boosters they have since received.

Off-Site Medical Care

In addition to each camp having a health center onsite that is overseen by a licensed nurse, we have staff trained in physical and mental/emotional health support. Most care for care for injuries or illness can be managed onsite. However, if needed, we will transport your child to a local clinic for care we cannot provide onsite. We will contact you by phone and/or email if there is a need for these services.

Your insurance will be billed for any off-site medical care provided. Farm & Wilderness will provide invoices for any unpaid medical expenses or prescriptions accrued which you insurance does not cover.

We ask families to upload a legible picture/scan of their camper's insurance card to the insurance section of CampDoc, so we have this information readily available if needed.



TRAVEL & SCHEDULES



Traveling To & Within Vermont

There are many wonderful options and local accommodations if you are traveling to stay in the area during the time your child is enrolled at the Barn Day Camp.

Farm & Wilderness is located in Plymouth, Vermont near ski resorts and towns with a selection of hotels and rental houses available. We recommend that you visit the bottom of our Travel to camp page to help find the best accommodation for your visit.

<u>Suggested Area Lodging &</u> Accommodations

Daily Schedule

The Barn Day Camp daily schedule is consistent other than our special days (Adventure Day, Topsy Turvy Tuesday and Overnights).

- 8:45-8:55: Drop off
- 9:00: Morning Circle (Skits & Morning Song)
- ~9:10: Animal Group time, including morning snack
- 9:45: 1st Morning Rotation visit to one Activity Area as an Animal Group
- 10:30: 2nd Morning Rotation visit to Activity Area as an Animal Group
- 11:20: 3rd Morning Rotation visit to Activity Area as an Animal Group
- 12:10: Circle for lunch
- 12:55: Lunch clean up, playtime, dismissal of half-day campers
- 1:10: Silent Meeting
- ~1:30: Afternoon Activities
- 2:45: Free Time
- 3:40: Snack & pack up
- 4:00: Afternoon Circle (Songs)
- 4:15: Dismissal

Pre-Camp Open House

On the Sunday before the start of each session, families are invited to tour the Barn Day Camp and meet some of our staff ahead of the next morning's arrival! This drop-in style open house runs from 2-3:30 on Sunday June 22, June 29, July 13 & July 27.

BDC Schedule

The BDC is in session Monday through Friday. The schedule is as follows:

Session 1: June 23 - June 27 (one week)
Session 2: June 30 - July 11 (two weeks)
Session 3: July 14 - July 25 (two weeks)
Session 4: July 28 - August 8 (two weeks)



FRIDAY, JULY 4 IS A REGULAR, FULL DAY OF CAMP. AS ALWAYS, IF YOU PLAN TO NOT HAVE YOUR CHILD ATTEND, LET BARN DAY CAMP STAFF KNOW.

Drop off & Pick up Times:

All campers arrive at the Barn between 8:45 AM and 8:55 AM.

Camp begins at 9:00 AM

Our youngest campers finish their day at at 1 pm.

All other campers finish their day at 4:15 PM.



TRAVEL, ARRIVAL, & PICK-UP

Arrival: Drop-Off & Pick-Up

Our top priority is to keep our camp families safe and welcomed as they arrive to camp. We are very excited to greet you and your campers when you arrive this summer!

Arrival/Drop-off: All campers arrive at the Barn between 8:45 AM and 8:55 AM. Camp begins at 9:00 AM with the ringing of the bell. After you turn in on Farm & Wilderness Rd at the north end of Woodward Reservoir, drive across the dam and look for signs or a person directing you to where you can park your car.

Departure/Pick-up: Our youngest campers finish their day at Campers finish their day at 1 pm. All other campers finish their day at 4:15 PM. We ask that you ALWAYS check in with a BDC staff person before picking up your child each day. Please pay close attention to the schedule of the last Friday of the two week sessions as it is different than all other camp days.

Pickup Authorization: If you plan on someone else picking up your child, either at camp or at the drop- off sites, the camp needs to know this in writing. For obvious safety reasons, no one can pick up your child without this written authorization from you.

Orientation and Information Sessions:

There will be a family orientation and informational session the first Monday of each session for camper parents/guardians. Each orientation session offers parents/guardians an opportunity to ask questions and learn more about their camper's Barn Day Camp experience. This will take place after drop-off that morning. Learn about all F&W camp programs, meet F&W staff, ask questions of the BDC director.

In case of **severe weather**, the end of day pick up plan for Barn Day Camp will be adjusted to keep campers and families safe.

- 1. Families will be directed to pass by the BDC Parking lot and follow the main road up to the BDC Barn.
- 2. At the BDC Barn, a BDC Leader will greet the family and ask for their camper/s name and Animal Group/s.
- 3.A BDC Staff member will help escort the camper/s to the pick up spot.
- 4. Families will pick up at the end of the fence/by the small parking lot near the pig pen.
- 5. After the family has picked up their camper/s, they will continue driving towards the Main Office, where they will be directed to turn around and drive out











TRAVEL, ARRIVAL, & PICK-UP

Attendance and Closing Day

Attendance: If a camper does not show up on the first day of a session, the staff will call you to verify enrollment in the session. We ask parents to notify the staff in advance whenever a child is going to be absent.

Session 1: Friday, June 27 is a full day of Camp, and the shuttle bus runs to and from camp this day.

Session 2: Friday, July 4 is during Session 2 of the Barn Day Camp, and we will have a regular day of camp, so please plan for your camper to be there, or at the very least, let our staff know ahead of time if they will not be attending camp that day!

Sessions 2, 3, & 4: On the <u>final Friday of each two-week session, camp will end earlier</u> and we invite families to join us for closing ceremonies and silent meeting (from 10-11am) on these Friday, otherwise they can pick up their child(ren) at 11:30am. Families are responsible for their child's transportation home on these Fridays. There is no bus service on these Fridays. Half day campers may be dropped of on the last Friday of a 2-week session at the normal time of 8:45-8:55am. They will have a shortened day, like all of BDC, with a pick up of 11:30. Families are welcome to participate in our closing ceremonies and silent meeting.

Prior permission is needed if we are to release a child to someone other than their parent or legal guardian. If you have arranged for someone else to pick up your child, you will need to give admissions and the camp director/camp senior staff advance notice of this arrangement along with the person's name and contact information before the camper will be allowed to leave with this person.



12

GETTING TO CAMP

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Driving Directions

From the Woodstock area and points East: Take US Rt.4. West to Rt. 100 South in West Bridgewater. Go south on Rt. 100 for 2 miles to the main entrance of F&W and turn left on Farm & Wilderness Rd. Proceed on the camp road over the dam where there will be a person or sign indicating where to park.

From Rutland area and points West: Go East on Route 4 through Rutland and Killington, then take Rt. 100 south in West Bridgewater. Go 2 miles south to the main entrance of F&W and turn left at the sign on Farm & Wilderness Rd.

Proceed on the camp road over the dam where there will be a person or a sign indicating where to park.

From Ludlow area and points South: Take 100 north. Go north approximately 12 miles to Woodward Reservoir on your right. Turn right at the camp sign on Farm & Wilderness Rd. Proceed on the camp road over the dam where there will be a person or a sign indicating where to park.



Woodstock Shuttle

We offer shuttle transportation for campers to and from camp from the Woodstock (VT) elementary school. This service is an additional \$100 per week, per camper, (\$200 for the two week sessions (2, 3, 4). To sign up for transportation, please add this option on during registration or please email admissions@farmandwilderness.org to add it on later!

The shuttle departs Woodstock at 8:15am and returns at 4:55pm. If you are going to be late to drop off or pick up or not use/miss the shuttle, please call the Barn Day Camp office. We cannot guarantee holding the shuttle past its departure time for folks who are running late. If the bus is more than 10-15 minutes late, please call the Barn Day Camp office. If there are any last minute changes to the transportation schedule, you will be notified via phone.

All campers will be expected to arrive and depart on the shuttle for every day of the session, unless prior arrangements are made with the Barn Day Camp Director or Assistant Director. This includes the first day of a session. If you plan to drive your camper in yourself on the first day, please contact the Barn Day Camp ahead of time to let us know, otherwise we will assume your camper plans to ride the shuttle.

There is no shuttle service back to Woodstock in the afternoon of the second Thursday of a 2 week session, as that is when campers depart for their overnight. There is also no shuttle to camp on the second Friday morning for campers who do not spend the night, and there is no shuttle back to Woodstock on closing Fridays of a two week session.

COMMUNITY & CULTURE

Mission & Values

Our mission:

Joyful Play. Purposeful Work. Rugged Outdoor Living.
Our camps and conservation efforts teach timeless skills and kindle the spirit within.

Our Values:

We honor our Quaker roots and are guided by Quaker values and practices:

Simplicity

We believe in the radical notion of unplugged resourcefulness and restful stillness. We minimize that which separates us from one another and the natural world. Living simply prepares each of us to find ourselves.

Peace

We cultivate peace: first within ourselves, then the world We are called to speak our truths compassionately It's not easy, and it's worth the struggle

Integrity

We strive to embody our beliefs in our actions
We are mindful of our intentions and are each responsible for our impact
Keeping our word and keeping it real

Community

We gather in joyous service to each other and the land We honor traditions that guide us and they must not bind us Inclusivity facilitates belonging

Equity

We take our place alongside others working towards a more just world We confront societal forces that divide, degrade, and dehumanize The work is never done; we lift as we rise

Sustainability

We are not separate from the land, the water, and the life all around us

We work with humility for the well-being of our planet, now and for future generations

Living in nature sparks curiosity and wonder, and that's what we're here for.



Many Quaker & Quaker-based organizations have a similar acronym of shared principles, known as the "SPICES", and just like we have done here, take the opportunity to further define what exactly each of the named values means for them.

Unplugged

We aim to live a simple life here at Farm & Wilderness. Campers reside in simple wooden or canvas structures without electricity and use composting outhouses. Shower houses are located nearby. We don't allow personal electronic devices, televisions, screens of any kind, or recorded music in cabin areas or program areas at any of our camps. Some of our camps such as Flying Cloud and Red Spruce Grove, don't permit electricity of any kind, such as battery operated lights.

While our camp program areas and spaces where camper live and play are free of screens, our camp offices, medical centers, and Main Office are equipped with the tools to run camp such as electricity, phones, & internet. We also permit our photographers to capture camp memories with the appropriate cameras and equipment.

The "Fifth Freedom"

"four freedoms" America's were first articulated by President Franklin D. Roosevelt in a State of the Union address as freedom of speech and expression, freedom of religion, freedom from want, and freedom from fear. Here at Farm & Wilderness. have traditionally we recognized an additional "fifth freedom," which, simply put, is the freedom to be oneself.

We encourage campers to find their truest and most genuine potential through simple living and activities filled with physical and mental challenges. We invoke "fifth freedom" to help us focus on healthy personal choices and on expressing our individuality. Campers particularly love the freedom to dress as they wish, without fear of being reprimanded by their peers.



Building A Welcoming Community

Your child will live closely with children and staff of different backgrounds, cultures, races, and religions. We teach respect for differences and expect campers to interact at all times in ways that are respectful and inclusive. Prejudice, discrimination, and oppression on the basis of class, race, gender, and sexual orientation are discussed in a variety of forums during a camper's time at Farm & Wilderness.

We strongly believe that building a welcoming and inclusive community requires campers and staff to engage in shared discussion, reflection, and experience around equity, diversity, inclusion, & belonging while living, playing, and working together in the wilderness and on the farm. We use our mission and values to support this community growth throughout the summer.

Although the daily schedule at the camps remains similar from year to year, the character of each summer is created by individual campers. Community builds steadily over the course of the session as campers work together, cope with interpersonal conflicts, play together, and sit in silence together each day.

15

Animal Groups

Barn Day Campers are divided into groups, called Animal Groups, based on their ages. Staff strive to create a cohesive group and respond to requests for group mates, when possible. Below are generally how the groups are divided by age, which can shift depending on actual camper enrollment. Each group has benches in our rainbow circle that corresponds with their group color, shown in parenthesis.

- DRAGONFLY (Teal Blue) May be any age. Group formed as needed depending on enrollment
- BUTTERFLY (White) 4 year olds and
 5 year olds who have not completed
 Kindergarten
- DEER (Orange)

 – 5-6 year old children who generally come for one session only
- TURTLE (Green) 5-6 year old children who generally come for more than one session
- BEAVER (Red) 7-8 year old children who generally come for more than one session
- BEAR (Yellow) 8-11 year old children who come for one or more sessions for the regular day camp program
- HAWK (Purple) / RAVEN (Black) 8-11
 year old children who come for one or
 more sessions and go on a two-night
 overnight with a focus area (i.e.,
 climbing, canoeing or hiking.)
 HAWK/RAVEN children should have
 some previous camping experience
 along with a successful experience
 sleeping away from home.

Activity Areas

- Barns & Gardens Campers engage in chores and farm-related activities in this activity area. They might make butter or bread, harvest a vegetable, herb or berry, collect eggs, brush the bunny, shell beans, or walk the goats.
- Work Projects Campers learn how to safely use tools like hammers and saws. They work on both community projects, like fixing a fence or step, and individual projects, like a shelf or "pinball machine".
- Adventure During the morning rotations campers learn team-building skills like communication, trust, and leadership. During free time, campers learn about rock climbing, including safety and basic techniques.
- Youth Environmental Sustainability (YES) - Campers learn about plants, trees, animals, and other ecological concepts. They might play a game reinforcing this topic, explore a particular area in nature, or investigate a piece of equipment.
- Outdoor Living Skills (OLS) Campers learn outdoor living skills including fire building, map & compass, or knot-tying.
- Arts Campers create and explore materials in our Art Barn, such as clay, paint, markers, and other items.
- Waterfront During morning rotations, campers are in swim lessons appropriate to their skill level. In the afternoon during free time, campers can enjoy the lovely lake with friends.

COMMUNITY & CULTURE



Topsy Turvy Tuesday

This event occurs on the second Tuesday of Sessions 2, 3, & 4, and does not happen during Session 1.

On this special day, we mix up the schedule and our groups a little bit and have fun and silly activities such as a huge slip-and-slide and we gather for an all-BDC dance after Silent Meeting.

Campers are encouraged to dress in a Topsy Turvy way while staying true to our values of Integrity and Peace; this means wearing clothing or costume items that are non-violent and do not appropriate other people's cultures. As with every day at the Barn Day Camp, all outfits must also still allow campers to engage fully in activities safely.

We do have an alternative morning activity for campers to opt into if this day is too overwhelming. After the dance, we will have our usual free time block, but maybe with the giant slip and slide option too!

Life on the Farm

For the majority of campers, living at camp also means living on a working farm. Animals giving birth and animals dying are part of the natural cycle of farm life and these events also occur during the summer. It is important to us that campers understand where their food comes from and the full cycle of how the food we eat at camp starts and ends its journey to our plates. Campers are encouraged to take part in working with animals to the degree that they feel comfortable.

Adventure Day

This event occurs on Thursday for Session 1, and the first Wednesday of Session 2, 3, & 4... Each group goes on a day hike/adventure appropriate for their age level. These daylong excursions will highlight some of the beautiful and interesting parts of Farm & Wilderness campus as well as to local places of interest. We will be hiking and camping close to camp and emphasizing adventure in being out and working together rather than where or how far we go. Some of the locations may require a short ride in a vehicle. Essential Items to Pack: Your child will need a daypack to carry their lunch, bathing suit, rain gear, warm clothing layer, and water bottle. Each child is expected to carry their own pack. A plastic bag inside helps to keep things dry if it rains.

All Adventure Day trips leave at 9:20AM, our youngest campers return in time for their 1pm pick up and the full day campers return by 4:00 PM.



Wilderness Trips (Session 2, 3, & 4 Full Day campers only)

An important part of your child's experience at camp is the overnight camping trip. This will happen on the second Thursday of each session. Hawks/Ravens groups have a different Overnight Trip (See Hawks/Ravens Overnight Trips details). There will be no overnight trips during Session 1. Groups hike, cook dinner together, and sleepout overnight. Participation is not required, unless registered the camper is for the Hawks/Ravens program. The half-day campers go on a second adventure on these Thursdays and return to camp for their regular 1pm pick up.

All full-day groups will depart by noon on the second Thursday of sessions 2, 3, & 4: 50

Session 2: July 10 Session 3: July 24 Session 4: August 7

All Groups will return to camp on Friday morning between 9:00AM –9:30AM before the closing ceremony of camp.

Optional Pick-Up

While we encourage all campers to attend the overnight trip, for those campers who do not wish to sleep overnight, we urge them to stay at least through dinner. If they are not camping out, they should be picked up between 7:00 PM and 8:00 PM at a prearranged location, most likely the Barn, but if their group is travelling farther, we may arrange for you to meet elsewhere. Pick-up must be coordinated with counselors and the Barn Day Camp Director/Assistant Director.

Hawks/Ravens Overnight Trips

Campers in the Hawks and Ravens program, an option at registration for 9 & 10-year-olds, are required to participate in a mandatory two night overnight trip. Hawks/Ravens overnight begin on the second Wednesday of the session. There is no special registration for the Hawks/Ravens group during Session 1.

All Hawks/Ravens groups will depart by noon on the second Wednesday of the session.

Session 2: July 17th Session 3: July 31th Session 4: August 14th



All Hawks/Raven Groups will return to camp on Friday morning between 9:00AM –9:30AM before the closing ceremony of camp.

All Overnight Trips

By enrolling your child at the Barn and sending them with overnight gear, we assume permission has been given for the overnight unless you tell us otherwise, as we will not be asking for a separate signed permission form. All overnight trip destinations are subject to change due to a variety of factors, such as weather and van availability. Families and should children be prepared for this possibility. Families will be notified if campers will be traveling in vans.

What to Pack

Use the Barn Day Camp <u>Packing List on our website</u> as your guide. The goal of the overnight experience is to foster self-sufficiency and independence. Thus, we expect all campers to carry their own clothes, water bottles, and mess kits.





COMMUNITY & CULTURE

Firm Rules

Swimming Policy

All campers are required to take swim tests during their first few days at camp and learn about water safety in and around our lakes. Personal flotation devices (PFDs) and other swim aids are always available. Barn Day Camp provides swim lessons throughout the summer, and campers are grouped according to their swimming skills. Swimmers at the waterfronts are supervised by lifeguards and swim instructors trained and certified under the auspices of a nationally recognized water safety provider. All campers and staff must follow camp waterfront rules throughout the summer.

Grounds for Removal

At Farm & Wilderness, alcohol, tobacco, illegal drugs, and violence have no place. We want our policy to be very clear: Campers who use or have in their possession any alcohol, tobacco, or illegal drugs will be asked to leave camp immediately with no tuition refund.

Participation in physical violence, bullying, or leaving Farm & Wilderness property unaccompanied by a staff member is also grounds for immediate removal with no tuition refund.

Inability to meet any of the essential functions of camp, as outlined and agreed to in the Diet, Nutrition & Activity section of CampDoc, is also grounds for dismissal from camp.



TUITION DEADLINES & POLICIES

2025 Dates & Tuition Rates

Session 1| June 23 - June 27 |\$700 Session 2| June 30 - July 11 | \$1,400 Session 3| July 14 - July 25 | \$1,400 Session 4| July 28 - Aug 8 | \$1,400

All camp tuition is DUE on June 1st.

Deposits & Tuition Payments

- Before June 1, a \$100 per session nonrefundable deposit is required upon registration.
- After June 1, full tuition is required upon registration.
- Deposits are non-refundable, unless you are a campership applicant.
- Unpaid balances for any and all family members must be reconciled in order for a camper to be registered.
- It is not possible to make any tuition reduction for arriving late or leaving early.
- Payment is in U.S. currency, payable by check, e-check, credit card, or wire transfer.

Cancellations & Refunds:

- Registration cancellations made before March 1st are eligible for a tuition refund less the \$100 non-refundable deposit.
- Families are responsible for the full amount of tuition if a cancellation is made after March 1st, except in cases of severe illness or family emergency.
- Campership families are notified within one month of their application due date and then have two weeks from that award notification to accept the award or withdraw their registration and receive a refund of their deposit.
- There will be no refund if a camper is asked to leave during the session for an infraction of a camp rule, for disruptive behavior, or if a camper is voluntarily withdrawn.

Financial Aid aka Campership

The ability to apply for camperships is open for all of our camps. To learn more and how to apply, please visit our <u>Financial Aid for Campers page</u> for more information, application deadlines, or contact Admissions directly with any questions.

Additional Expenses & Fees

Additional expenses and fees, if incurred, will be reflected on CampDocs account invoice, along with tuition. All camp activities are included in tuition. Extra expenses can include but are not limited to: shipping items left behind, medical care expenses incurred via off site medical visits.



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Shipping Items Home

Our goal is for campers to return home with all the items they brought with them to camp. When we find items that have been left behind, it is our goal to reunite these items with their owners to lessen the need to buy replacement items. Due to the costs of shipping items, we generally will not mail items whose value is under \$20 back to a family.

Farm & Wilderness claims no financial responsibility for personal items lost, stolen, or damaged during your child's stay at camp and/or during shipping items. For this reason, we discourage camper families from sending any items to camp they wouldn't be willing to risk losing. We will ship any found valuable & clearly labeled items home if possible, according to our lost and found process. We will bill you for the shipping costs via your CampDoc account. Any lost and found not labeled or claimed during our post-departure lost & found process will be donated to local charitable organizations in the fall.

Farm & Wilderness cannot store any belongings for campers between summers.



Our Lost & Found Process:

- Before you pick up your camper at the end of a session, staff work with them to pack up their belongings from their cubbies and changing rooms.
- Camp Staff do a sweep of the Barn Day Camp to locate any items that have been left behind, and then put these items on display for families to peruse and reunite with at the end of the session.
- After campers have been picked up, all unclaimed items are brought to the main office. This may include items counselors recognize as belonging to a camper, but that's not a guarantee!
- After all campers head home for the summer, all remaining items that can not be connected to a camper are brought to the main office, where admissions will sort items by type: shoes, fleece, bedding, etc. and take pictures of each camps' items. Links to these photos are then sent to families to review the pictures of the lost items to identify their child(ren)'s belongings. We will start a shipping bag for each camper/family with lost & found items that are labelled.
- In an effort to reduce the amount of shipments being sent to any one family, we will not ship back items until we are positive all lost & found items have been brought to us, so <u>families should</u> <u>expect shipments to arrive as late as</u> <u>September, even for campers who attend in</u> <u>July.</u> As able, we *may* ship items sooner at a family's request.
- When a family replies to claim an item and agree they'd like the item(s) shipped back to them, they also agree to pay the shipping fees, which start at around \$7 and depending on the item(s) size, weight, and shipping destination, can increase to varying amounts. These shipping charges will be added to and can be paid for via your child(ren)'s CampDoc account. We cannot estimate the shipping fee ahead of time.

AFTER CAMP

Surveys

Throughout the year, Farm & Wilderness emails surveys to all families. The information we collect from these is an important part of our assessment of the summer. Your assistance is very much appreciated. As with all aspects of our collaboration to care for your child(ren), we all must be transparent about what is and isn't working for us, and Farm & Wilderness does our best to review and revise policies to ensure we can best meet the needs of our campers and their families.













Staff Camper Off Season Communication

We advise our staff not to engage with campers via social media or other means of communication without the expressed permission to do so from the campers' parents/guardians and the camp's director. Please contact your camp director if you'd like to stay in touch in this manner.



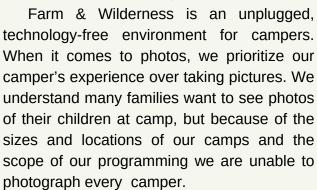
Keeping in Touch

Our alumni page has links to The Interim, our newsletter for camper parents and friends of Farm & Wilderness, You'll automatically be on our email list for the electronic version of the Interim. If you would like to receive the paper version, please let us know and we will add you to our address list.

Medical Bills

Medical bills incurred over the summer will be sent from off-site facilities to your insurance provider. If necessary, Farm & Wilderness will pay for prescriptions up front, and then bill families.





With your child's enrollment, you are granting Farm & Wilderness permission to use images, pictures, slides, film, and video of your child taken by Farm & Wilderness for press, promotion, marketing, social media, and advertising of Farm & Wilderness as well as any of our affiliated organizations such as the American Camp Association and the **Farm & Wilderness Conservation**

