



FARM & WILDERNESS

Farm & Wilderness Health & Safety Guide for Summer 2022

Updated July 7, 2022

INTRODUCTION

Campers will start arriving at Farm & Wilderness in just a few weeks! We hope your family is as excited about coming to camp as we are to welcome your child/ren! Please know that we are monitoring the state of covid in our area and in those where the majority of our campers live, and our plans and protocols to mitigate covid's impact on our campers and staff are subject to change. Camp families will receive updates here: <https://www.farmandwilderness.org/families> and be notified by email at each camper family's primary email address. It is each camp family's responsibility to stay abreast of this information.

In designing our health and safety plans and protocols for this summer we have relied on recommended best practices and the most complete health and safety information that is available from the CDC, including their "Guidance for Operating Youth Camps", updated on May 27, 2022. We are fully committed to creating and maintaining an environment where all our campers and staff stay healthy, are safe and have an incredible experience! We are confident that your child/ren will enjoy an amazing summer, even with health and safety modifications that are necessary because of covid.

Partnership with all our camp families is critical in ensuring that your children, our campers, enjoy a fun and safe summer at Farm & Wilderness (F&W). Camp is a unique congregate setting different from your own home. Being part of a camp community, or in our case communities, is different from life in the general public, and what we are doing to keep camp safe and healthy may be different from what you are doing as a family and from what is happening in your community. Our camp communities are comprised of adults and children from different states each with a unique set of covid circumstances. Because we live close together at camp, sharing cabins and eating together, summer camps remain vulnerable to transmission of the current COVID variants. That means—even as life in the general public gets "back to normal"—we need to have a higher standard of safety, which includes measures to reduce the risk of covid transmission and illness.

Camps across the country learned a lot about covid mitigating measures that were used by summer camps in 2020 and 2021. As we prepare for camp this summer, we are following CDC's guidance with the knowledge that COVID, as a virus, continues to evolve and our plans and protocols need to adapt in response. **The current variants are easily transmissible even in widely vaccinated communities, and we assume that new variants that may emerge this summer will be equally transmissible.** Data from research undertaken by the CDC and ACA show that layering multiple measures provides better protection against COVID transmission than any one single measure. Therefore, F&W has adopted a "multiple measures" or layered approach this summer to ensure that our campers and staff stay virus-free, healthy and are able to be full participants at camp.

We remain committed to keeping campers and staff safe using all of the tools available to us at this time: We are taking a layered approach, using research-based mitigation strategies, also referred to as non-pharmaceutical interventions (NPI's), for congregate settings; and requiring everyone—campers and staff to be up to date with their covid vaccine before camp.

The strategies we are using may differ from those practiced this spring at your children’s schools, early education centers, and outside of school activities, at your workplaces, and in other settings. Camp is a unique congregate setting different from your own home. Being part of a camp community, or in our case communities, is different from life in the general public, and what we are doing to keep camp safe and healthy may be different from what you are doing as a family and from what is happening in your community.

Our camp communities are comprised of adults and children from different states each with a unique set of covid circumstances. Because we live close together at camp, sharing cabins and eating together, summer camps remain vulnerable to transmission of the current covid variants. That means—even as life in the general public gets "back to normal"—we need to have a higher standard of safety, which includes measures to reduce the risk of covid transmission and illness.

In advance of arrival at camp, we ask campers and their families to adopt low-risk behaviors and self-health monitoring, and all campers must take Rapid Antigen Test (RAT) 24 hours in advance of their arrival.

Our principal in camp strategies are daily health screenings, mask-wearing indoors, physical distancing, prioritizing being outdoors to increase airflow and ventilation, hand hygiene, robust cleaning (to limit the introduction and spread of other viruses), testing throughout the summer and contact tracing so that we can identifying close contacts quickly and identify and isolate any positive individuals quickly.

The rest of this document goes into greater detail and is organized into these sections:

- Before arriving at camp: Pages 4-6
- Arriving/Drop off Day: Pages 7-9
- Safety at camp: Pages 10-13
- Heading home after camp: Page 14
- For the Fridge: Pre arrival dos and don’ts: Page 15

We know this is a lot of information for camp families to take in and digest, and, still, we ask that you take the time to read this document and follow up with your Camp Director and/or the Admissions team with any clarifying questions.

BEFORE ARRIVING AT CAMP

It is paramount that everyone arrives at camp healthy with no covid, cold or virus symptoms. The pre-arrival layers will enable us to start camp with everyone healthy. **We are counting on each and every camper, staff, and family member to comply with the pre-camp low-risk behaviors to protect each other and our shared camp experience.**

Recommendations for staying healthy in the 10 days before camp

While the CDC has confirmed vaccinations reduce the likelihood of serious disease and illness, the current variants are proving to be a challenge for preventing covid transmission. It is also true that other germs can produce covid-like symptoms which have the potential to significantly disrupt your child's camp experience.

The goal of our pre-camp recommendations is to limit your child/ren's exposure to covid and other germs that cause covid-like symptoms, and the way to do this is to **engage in low-risk behaviors.**

We will be asking campers and family members to take action to minimize their exposure to covid and participate in low-risk behaviors in the week prior to camp. This gives everyone at camp the best chance of creating a healthy community from the very start!

Low-risk behaviors are those that involve layering these strategies:

- Being outdoors or in well ventilated spaces
- Avoiding congested and/or public indoor spaces when possible
- Physical distancing
- Wearing a N95 or KN95 mask in congested spaces
- Wearing an N95 or KN95 mask in public indoor spaces.
- Wearing an N95 or KN95 mask when using mass transit (bus, train, plane)
- Good hand hygiene
- Avoiding exposure to individuals who have covid or who exhibit symptoms consistent with covid or other transmissible illnesses

We recommend that families avoid large gatherings or groups, especially those held indoors. If you are headed out to dinner, it is best to dine outdoors. If you must attend a crowded, indoor event, wear a N95 or KN95 mask. If you must travel by air, train, or bus wear a N95 or KN95 mask. Call ahead before visiting friends and family to make sure everyone is feeling well. Lean on the side of caution (sometimes it's NOT just allergies!).

We know this is a lot to ask, and you may have questions about your family's specific situation. Families are encouraged to discuss their pre-camp plans with Camp Directors, and Camp Directors will consult with our medical staff as appropriate.

Pre-camp health screening

Families will be required to **monitor their camper's health for the 10 days before camp** including checking temperature and for symptoms, including a fever over 100.4, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, new loss of taste or smell, sore throat, or vomiting. Parents will also be asked to verify their camper's travel and exposure. **Any fever or answering yes to any prescreen questions should be followed up with a phone call or email to admissions to discuss the possibility and planning of delayed entry into camp.** Families will be asked to attest to having done this

prescreening ahead of arrival at camp and that their camper has been symptom free, and not a close contact or tested positive for COVID in the 10 days ahead of arrival at camp.

While most of this section focuses on covid, families should check their child/ren for lice at home in the 48 hours before arrival. Parent/guardian must attest to having completed the lice check before coming to camp. Instructions for how to perform a lice check can be found at the following link:

<https://www.cdc.gov/parasites/resources/pdf/HeadLiceFlyer.pdf>

Barn Day Camp – Daily health screening

Parents/families will be asked to complete a daily health screen of their camper(s) prior to arrival at camp each day. Campers with any signs and symptoms of COVID or other illness should stay at home and not come to camp. Please contact the Barn Day Camp office directly if your camper will be absent for any reason, including signs and symptoms of covid or other illness.

Barn Day Camp Pre-arrival covid testing

At the start of each session they are enrolled, all BDC campers must **take a rapid antigen test in the morning of their first and second day of camp—before they leave for camp.**

Any brand of antigen test that is an FDA authorized Rapid Antigen Test is OK. It is permissible to use an “at-home” Rapid Antigen Test. To verify that you have completed the test, take a photo of your camper holding their test. The results and your child’s face must be visible in the photo. You will be asked to show the photo at arrival. It is OK to show the photo on your cell phone. **If your camper returns a positive test- you should call the Barn Day Camp office and plan to delay arrival.**

- You can get free antigen tests in any US state in 1-2 weeks by ordering them at <https://www.covid.gov/tests>.
- If you are in Vermont, you can make an appointment to pick up free tests at locations around the state here: <https://www.healthvermont.gov/covid-19/testing/where-get-tested>.

Vaccinations

We are including vaccines as part of our wider covid health and safety plan, and in combination with other protocols. We are requiring all campers and staff to be fully vaccinated and up to date with their covid vaccination, including a booster when eligible, as well as the Vermont state schedule of vaccinations for school/childcare before arrival at camp. If you have questions about this, please contact the Admissions team. We ask families to upload a copy of their camper’s covid vaccination card as well as enter all vaccination dates into the online registration system so that our healthcare providers have the most up to date and easy to access health information for each camper.

Overnight campers will not be allowed to leave their camp session to receive a booster dose.

Illness or exposure to covid -19 before camp

All campers and staff **must arrive at camp healthy**, with no Covid, cold, or virus symptoms, including:

- Cough
- Runny nose

- Fever within last 24 hours
- Sore throat
- Digestive upset/vomiting within past 24 hours
- Positive Covid-19 test results

If your child is sick (even if they test negative for covid), has been in close contact with someone with Covid-19 or tests positive for Covid-19 in the 7-10 days before camp, you MUST notify the Admissions team and your Camp Director(s) right away so that we can make a plan. It is most likely that your child will not be able to attend their session exactly as planned. If possible, we will try to find a way for your child to attend later in the summer. If you need to cancel your child/ren's registration because of covid exposure or illness, you will receive a pro-rated or full refund, depending on if and how long they were able to attend their camp program. This will be part of the discussion with admissions as we work together to make a plan for your camper.

ARRIVING AT CAMP/DROP OFF DAY

As you and other camp families arrive to camp, our goal is to keep everyone healthy and to welcome you! We learned a lot from adapting our drop off and pick procedures last year, some changes we realize are good to keep in any year!

In order to avoid covid transmission, families will have limited interaction with camp staff, including nurses, so please **make a plan to talk to the Camp Director or Camp Nurse with any concerns you have or information you want to share before you arrive**. Each family will be given a drop-off time and location in advance, and we will send this information along with directions and other details about your child's drop-off and pick-up closer to the dates of your child's session. These will come to the primary email we have listed on your camper's registration. Please contact Admissions to update your primary email.

We ask that families remember to **continue the pre-camp, low-risk behaviors outlined above when travelling to camp**. As much as possible, drive directly to camp as a single-day trip and avoid going indoors as much as possible. If you do need to go to a rest area, choose an un-crowded place, wear masks, use hand sanitizer before and after, and do not linger. Consider packing food so you do not need to eat indoors.

In terms of planning your family's drop-off trip, F&W will not provide unaccompanied minor pick-up services from bus stations, train stations, and airports this year. We ask families to avoid carpooling if possible.

F&W Shuttles from Cambridge, MA, and NYC

F&W will be providing shuttles to camp on chartered buses from two locations, Cambridge Friends School in Boston and the North side of W 62nd between Columbus and Amsterdam in Manhattan, NYC. All campers must sign up for the shuttles in advance, as an add-on to their registration in CampDoc, you can contact admissions for more info on these shuttles. Shuttle riders will need to arrive at their shuttle location at 9am, show a photo of their pre-arrival antigen test taken the day before, and will undergo a health screening and rapid antigen test taken immediately before boarding the bus, which departs promptly at 10am. We are unable to delay the departure of our shuttles, so please ensure plenty of travel time to arrive at shuttle locations by 9am so we can complete health screenings and depart on time. All passengers will be masked for the duration of travel. We ask that your camper wear a N95 or KN95 mask while travelling in the chartered F&W shuttles and will provide these masks as needed.

Families must stay with their camper at the meeting point in Cambridge or NYC until their camper clears the screening process. If a camper does not clear the screening process, they will not board the shuttle, and their family will be asked to delay arrival. Admissions will contact the family in the following 24 hours to determine a plan for their delayed arrival.

Additional information about the Cambridge and NYC shuttles will be sent out to families before drop-off day.

When families arrive at F&W on drop-off day

- All people in the vehicle will be asked covid screening questions and temperature checked.
- Be prepared to say bye-bye to your child/ren at your vehicle rather than in camp (aka “Kiss and go”). This is a wonderful way to have the child’s camp experience start sooner!
- Each camper will complete a health screening. Please have a photo of your child/ren’s rapid antigen test with you and easily accessible. **Expect that you will not have cell coverage and Wi-Fi at your drop-off location**, so if you are planning to show staff the negative test results on your phone, please have that image of them holding their negative result with their face visible saved and downloaded to your phone in advance of arrival. **If you do not have this photo verification of a negative antigen test completed the day before arrival, your camper’s entry into camp will be delayed.**
- Each camper will complete a point of entry rapid antigen test proctored by F&W staff before heading to their individual camp.
- Family members will have access to portable toilets at F&W but will not be able to use camp kybos (compost toilets).
- Arrival times will be staggered. Your camp Director(s) will be in contact with your arrival time at least 2 weeks prior to your session start date.

In the event of illness, exposure to covid or a positive covid test:

- If a **camper has any signs and symptoms of illness in the 7 days before camp**, even if they test negative for covid, we ask that you contact your camp director and admissions to discuss a possible delayed arrival plan.
- If a **camper has been in close contact with someone who tested positive to covid in the 7 days before camp**, you must contact your camp director and admissions to make a plan and discuss possible delayed arrival.
- If a **camper tests positive to covid-19 in the 10 days before camp**, we ask that they not come to camp and that you contact your camp director and admissions to discuss a delayed arrival plan.
- In the event that a **camper’s test at drop-off is positive for covid or they have symptoms which are consistent with covid or other transmissible illnesses**, the camper will not be allowed to start their program, and our staff will work with the family on alternative arrival plans. The best way to avoid this situation is to follow low-risk behaviors in advance of arrival.

If you have any concerns about your child’s health as you set out for camp, please contact us before you set out so we can work together on a plan!

Visiting your child/ren’s camp when you drop them off

Updated July 8, 2022: We will NOT be offering any drop off options other than staying within an arm’s distance of the car as you help your camper unload, what we call “kiss and go”.

Especially for new families and for campers going to overnight camp for the first time, we know how hard it is to drop your child off without knowing where they will be living. As we finalize our plans for drop-off day, they may include the possibility for families to see their child/ren’s cabin or tent, what we’ve sometimes referred to as “Kiss and go, plus”.

This year, a drop-off day visit is meant to provide families and campers with peace of mind; it is *not* meant to be a tour of camp or an opportunity to engage staff in conversation about your child/ren, themselves, or the program. On drop-off day our staff will be fully engaged in welcoming all of our campers!

Considering the purpose of a drop-off day visit, we ask that you consider how necessary it is for you or other family members, and that you build in time for this visit to happen on the camp's schedule—which may be different from your own.

Our final protocols for drop-off day visits will be guided by the information we have on community risk of covid transmission from CDC. In the event that we hold drop off day visits, here's what to expect:

- Each camper can have no more than 2 visitors
- Visitors must be up to date on their covid vaccines
- Visitors must be free of symptoms consistent with covid or other transmissible illnesses
- Visitors will be Rapid Antigen Tested prior to visiting the camp by our trained staff
- Visits will be for a specific time, time-limited, and focused on seeing the camper's cabin and lodge

Local Authorized Pickup

All families who live more than 4 hours from camp must designate a local guardian that can pick up their camper if the camper needs to leave camp early. The local guardian should be prepared to take responsibility for the camper in the event that the camper tests positive for covid. When we say "local" that does not mean someone who lives right around camp. Rather, we mean someone who could, if needed, get to F&W in 3-4 hours and who is reachable while your child/ren is at camp. If you are planning to be away and out of reach while your child/ren are at camp, please share that information with Admissions and ensure your local guardian knows your plans and is listed in CampDoc as an authorized pick-up for your camper.

With the exception of a pick-up for health/family emergency reasons or a scheduled camp tour through admissions at our overnight camps, drop-off and pick-up days are the only times persons other than campers, staff, or essential operations personnel will be allowed to enter F&W facilities.

Barn Day camp – drop off and pick up

Barn Day Camp procedures for drop-off and pick-up will be limited contact, quick "kiss and go." Drop off will take place at the edge of the BDC fence and not entering BDC program areas or main barn. Families will be asked to wear a mask during drop-off and pick-up and remain distanced from non-family members. Additional BDC specific procedures will be communicated to parents ahead of the start of each session.

SAFETY DURING CAMP

As is the case each summer, camps will operate as their own program. Because the first week of camp is a higher risk time with many people coming together from far and wide, camps will program only within their camps during this period. After the completion of our serial testing program the first week, camps will be able to have intentional and planned interactions with other camps at specific times in the summer schedule. To minimize risk and protect our campers and counselors, all inter-camp interactions will be low-risk activities and designed to limit unique contacts and keep possible exposure and transmission limited.

To keep our community exposure level to a minimum, we are not permitting individuals who are not working for Farm & Wilderness to visit this summer. The exceptions are a scheduled tour booked through Admissions (tours will not happen on drop-off, change-over and pick-up days) and Barn Day Camp Open Houses. Additionally, it may be possible for families to arrange a visit to see their child/ren's cabin or tent on drop-off day (stay tuned for more information on this closer to drop-off day). *Update July 8: In person tours at our camp programs will not be scheduled at this time.*

We are looking forward to welcoming camp families, alumni, and other friends of F&W back August 13th for Fair (stay tuned for more information on this event later in June).

As in any year, most of our programming will take place outdoors, and most of our programming can take place with no or minimal additional covid-mitigation strategies. There are a handful of activities that are high-risk for transmission and spread, such as contra dancing, and for those activities we will add additional mitigation.

Health and Safety Strategies

In addition to our daily health checks,

- We are requiring all campers and staff to be fully vaccinated and up to date with their covid vaccine, including a booster when eligible.
- Campers and staff with an approved medical exemption and staff with an approved non-medical covid vaccine exemption for the covid vaccine will follow enhanced covid mitigation protocols.
- Campers and staff will participate in a daily covid screening.
- We will enforce hand hygiene before eating and throughout the day.
- Fans will be added to enclosed buildings to increase ventilation and in some cabins.
- Extensive and consistent routine cleaning of communal spaces and frequently touched surfaces will take place at least once a day.
- Each camp will have a designated assessment area for campers or staff who present with symptoms consistent with covid or other transmissible illnesses and a designated isolation space separate from the health center.
- We will contact trace in the event of a positive test or symptomatic individual to quickly mitigate any potential spread

In order to keep each camp community covid-free and to support robust camp programming:

- Serial rapid antigen testing for all campers in the first week of residential sessions (camp staff who arrive earlier for training will have their own serial testing schedule)
- To reduce the likelihood of cross camp transmission and spread, in the first week of residential sessions, when the community has just joined together there will be **an emphasis on programming within individual camps** with no intercamp camper group activities.
- Intentional camper groupings (or cohorts) and interactions **within camps**, so that there is greater flexibility for campers and staff to interact with those outside of their cabin groups.
- Any interactions **between camps** will be intentional and structured to reduce the likelihood of intercamp transmission of any illness.
- Testing as necessary (using rapid tests) for symptomatic individuals.

Additional daily practices:

- General Good Hygiene
 - 1) Consistent and routine cleaning of high touch surfaces.
 - 2) Regular handwashing
 - 3) Not sharing personal items (think water bottles, hairbrushes, hats etc.)
 - 4) Teaching and modelling cough and sneeze etiquette.
- Masking indoors and in vehicles when multiple cabin groups are in the same space or people who are not in the same cabin group are sharing a space. Cabin groups in their cabins do not need to mask.
- Sleeping in head toe configurations in cabins and tents.
- More open-sided tents to expand rainy days and dining space.
- Arranging traffic flow and meal service to limit opportunities for transmission of covid and other illnesses.

Barn Day Camp Programming and Activity Groups

At the Barn Day Camp, campers will program within the same activity groups each morning with greater flexibility to interact with campers outside their activity group in the afternoon. As in any year, almost all of BDC's programming will take place outdoors, and most of our programming can take place with no or minimal additional covid-mitigation strategies. There are a handful of activities that are high-risk for transmission and spread, such as contra dancing, and for those activities we will add additional mitigation. A large tent will allow activities planned for outdoors to happen even in inclement weather.

Camper families will complete a camper health screening including a temperature check at home before coming to camp each day. Extensive and consistent routine cleaning of communal spaces and frequently touched surfaces will take place at least once a day.

Residential Camp - In-Camp covid testing

Starting with the pre-arrival rapid antigen test that all campers and staff will perform before coming to camp, we will be implementing a serial testing strategy within the first seven days of each residential camp session. Serial testing involves repeated testing of individuals to increase the chances of detecting asymptomatic infection that a single test might not detect. All campers and staff will receive rapid antigen tests, proctored by health center staff using a self-administered nasal swab inserted about ¼ inch into the nose. These will be individual tests using FDA authorized antigen tests

Additionally, diagnostic antigen testing will be conducted on an as-needed basis for any campers or staff presenting with new or unexplained symptoms of covid.

The purpose of our testing strategy is to:

- Catch any cases caused by exposure shortly before or after the pre-camp tests.
- Catch any positive cases not detected by the pre-arrival test.
- Catch any symptomatic cases throughout the summer.
- Monitor the progress of in-camp safety prevention and exposure measures.

Barn Day Camp – In-camp covid testing

Barn Day Camp staff will be tested on the same schedule as residential staff, but F&W will not test Barn Day campers.

Questers covid testing

Questers group will be tested before hitting the trail and will carry antigen test kits with them to test anyone who may present with symptoms in the field. If antigen testing is performed in the field, the Quester staff will consult with F&W health care staff for next steps.

In the event of a positive covid test or exposure to a covid-positive individual

In the event that a camper tests positive for covid, they will be separated from their cabin group, with staff and nurse support and supervision, and closely monitored in a separate location at Farm & Wilderness. The camper's family or local guardian are expected to pick them up as quickly as possible and have the camper isolate at home and follow up with their primary care for further instructions. Campers may be able to return to camp on a case-by-case basis, depending on the camp schedule and **only after meeting the CDC criteria for ending isolation and having symptoms improve or resolve and being fever free for 24 hours with no mediation and completing two negative rapid antigen tests taken 24 hours apart.**

Campers and staff who are exposed (defined below) to someone who test positive for covid or is identified as a close contact (defined below) will be able to remain at camp if they remain covid free and are fully vaccinated and up to date with their covid vaccine. Serial antigen testing will take place in intervals through at least day 5 following exposure. Individuals who are close contacts will be asked to mask for 10 days, following CDC guidance, and distance while around others. For this period, the close contact cabin group will have limited interactions with other cabin groups.

Exposure to a covid-positive individual is defined as contact with someone infected with SARS-CoV-2, the virus that causes covid, in a way that increases the likelihood of getting infected with the virus.

A close contact of covid-positive individuals includes their cabin mates, including counselors. In addition, close contact includes campers or staff members who have been within 6 feet of the covid-positive camper for 15 minutes or more over the prior 24 hours.

Unvaccinated close **contacts of a camper or staff who tests positive for covid will need to leave camp and quarantine at home, following the CDC guidelines.** Re-entry into camp may be possible on a case-by-case basis only after meeting the CDC criteria for ending quarantine and being fever free for 24 hours with no medication and symptoms have improved or resolved and completing two negative rapid antigen tests taken 24 hours apart. Partial attendance due to covid-positive interruption will be granted pro-rated tuition on a case-by-case basis.

Barn Day Camp – when a camper tests positive

If a Barn Day Camp camper tests positive- they will be asked to stay home, isolate, and contact their doctor for further instructions. Campers may be able to return to camp on a case-by-case basis, depending on the camp schedule and only after meeting the CDC criteria for ending isolation and having symptoms improve or resolve and being fever free for 24 hours with no medication and completing two negative rapid antigen tests taken 24 hours apart. Partial attendance due to covid-positive interruption will be granted pro-rated tuition on a case-by-case basis.

Health and Safety Strategies for Camp Staff

By and large, the health and safety strategies outlined above apply to all staff working at camp. We are requiring all staff to be fully vaccinated and up to date with their covid vaccine unless we have approved a medical or non-medical exemption, where our approval includes additional mitigating measures to ensure the overall health of each camp community.

Staff will arrive at camp for staff orientation prior to camper arrival and will be asked to follow the same pre- arrival testing, low-risk behaviors, and self-health screening requirements as campers. Once onsite staff will participate in a daily health screen and be Rapid Antigen tested on arrival and again over several days.

BDC staff will be asked to engage in low-risk behaviors outlined above when they are not working at camp.

One of our most important strategies is to limit the unique contacts our camp staff have at camp and when they have time off. While Plymouth is a quiet little place, we are within miles of several vacation and tourist destinations that attract visitors and seasonal residents from across the country. Therefore, we will be asking our staff to engage in low-risk behaviors, mask indoors and stick close to Plymouth on their days off, choosing activities like a day hike, or other outdoor pursuits in uncrowded places. To avoid cross-camp exposure to the virus through staff, staff will be asked to take a rapid antigen test before heading to day-off spaces onsite, and day-off spaces will be organized so that each camp has dedicated sleeping spaces. Open-sided tents and outdoor furniture at day-off house locations encourage outdoor dining, visiting, and lounging.

HEADING HOME AFTER CAMP

Overnight Camp Pick-up will be drive-through and low contact unless otherwise communicated by the camp director and/or Admissions. Full Summer (both Sessions 1 & 2) camper families will receive specific information from admissions and/or their camp director about the changeover period, including protocols for picking-up their camper(s) or visiting F&W. On pick-up day, there will be portable toilets available to camp families. After camp, we ask that you monitor your camper's health for the following two weeks, and alert us if they show any symptoms of illness or test positive for covid. We ask this so that we can quickly conduct contact tracing and reduce the possibility of transmission.

FARM & WILDERNESS PRE-ARRIVAL Do’s and Don’ts

Consider hanging a copy of this page on your refrigerator or other well-trafficked part your home to remind your family about pre-camp, low-risk behaviors.

As you prepare to come to Farm & Wilderness, use this as a helpful reminder of what activities are OK and not OK—to keep yourself healthy and to ensure that everyone at camp stays healthy!

OK	Outdoor activities
OK BUT USE CAUTION-	<ul style="list-style-type: none">- Time indoors at school and in workplaces- wear an N95 or KN95 mask- Medical appointments- wear an N95 or KN95 mask- Graduations, family celebrations- when indoors wear an N95 or KN95 mask- Using public transportation- wear an N95 or KN95 mask- Family visits outside your household- err on the side of caution- call ahead to check that everyone is healthy, try to be outdoors and mask if indoors
NOT OK	<ul style="list-style-type: none">- Unmasked indoor gatherings- Non-necessary gatherings—indoors or outdoors