



Dear Family Camp Participant(s),

As the time draws near for us to gather for Farm & Wilderness Family Camp, we want to share with you a few thoughts and some information on the systems that help us quickly build a thriving community. We've found that having a chance to mull this over ahead of time gives Family Campers a better understanding of how Family Camp functions. The key is that everyone needs to take a few minutes to read (or be read relevant parts of) this letter. Whether over a meal, in a hammock, or as a bedtime story, read it with a sense of merry delight, highlighter in hand, "leaving no part untouched." We count on folks to come to camp mostly knowing what's on these pages so that together we can get Family Camp off to a great start. Please bring this letter with you to camp as a resource. It will help us keep announcements shorter and sweeter and may help with some of the questions you may have during camp.

Because covid is not yet in the rearview mirror, it is important that you and all members of your family review and abide by the Family Camp covid safety measures. **The covid safety plan can be found on our website and in pages 9-11 of this document.**

There are bound to be questions about Family Camp that this handy packet of information can not answer for you, particularly for those of you that are new to Family Camp. Please don't hesitate to ask questions and to ask a lot. If you have questions related to covid and covid policies, please call admissions (802) 422-3761. If you have questions before camp about the program, you can address them to John Porcino and Marcos Levy, Family Camp's co-directors (contact information at the end of this letter). They will both be available on and off until the day before camp at which time they will be on site at (802) 422-7584. Returning Family Campers can also help with questions during the week. Most times the spirited, kind-hearted folks that come to Family Camp are delighted to help.

If your plans change and you choose not to attend Family Camp, please alert the admissions office as soon as possible so that families on the waitlist can be admitted into Family Camp.

REFUND POLICY:

The complete refund policy can be found on our website

A \$100.00 nonrefundable deposit per participant 5 years and older must be paid to ensure your registration. For children 4 years and younger the nonrefundable deposit is \$25.00.

Unpaid balances for all family members must be reconciled for a camper to be registered. Tuition must be paid in full by June 1st. For applicants who register later than June 1st, full tuition payment must accompany the registration. If the registration for a prospective camper is withdrawn prior to March 1st, all tuition payments will be refunded less the deposit. After March 1st, Farm & Wilderness expects families to be responsible for the full tuition, except in cases of serious illness including a positive covid test, injury, or family emergency. There will be no refund if

a camper is asked to leave during the session for an infraction of a camp rule, for disruptive behavior, or if a camper is voluntarily withdrawn, except for withdrawal because of serious illness occurred while at Farm & Wilderness (including covid).

THE NITTY GRITTY

- **Pre-arrival Rapid Antigen Test:**

All family-campers must take a **Rapid Antigen Test (RAT) 24 hours in advance of their arrival** and show proof of that in a picture upon arrival at camp. You will not be allowed entry into family camp without proof of the pre-arrival test results. See page 9-11 for detail.

- **Pre arrival self-health monitoring and low risk behaviors.** All families are asked to adopt low risk behaviors and self-health monitor the week prior to camp. See pages 9-11 for detail.
- **Arrival testing:** A Farm & Wilderness staff proctored rapid antigen test will take place upon arrival at camp See pages 9-11 for more detail.
- **Arrival time:** It is essential that all families arrive between 2pm and 4:30pm on **SATURDAY, August 20th**. There will be a welcome and covid testing station set up before you enter IB, and all families will be tested before they reach IB. New families are strongly encouraged to arrive at 2PM for orientation. Our first meal and opening circle will be at 5pm.
- **Departure:** After breakfast, Clean-O-Rama and last Silent Meeting on **FRIDAY, August 26th**. (About 11:30 am).
- **Where:** Follow the directions to Farm & Wilderness in Plymouth VT. Enter Farm & Wilderness Rd from route 100 at the main entrance. The entrance will be signed "Family Camp, Enter Here". Trundle slowly along that road. **There will be a welcome and covid testing station set up along the road before you get to IB.** After that station, continue checking out the sights and sounds along the F&W road, 'til you reach the "Cracker Barrel" (a little building near the road at the center of IB Camp). Once there, Family Camp staff will greet you and orient you to your cabin, so you can settle in. Long term parking is near the main Farm & Wilderness entrance You can find driving directions to the IB camps at this link <https://www.farmandwilderness.org/families/information#directions> Or Google Maps <https://goo.gl/maps/n8Uoqiuj61u>

Please share these directions with other adults in your group if you are travelling separately.

- **Unloading:** When you arrive, we'll direct you as close to your cabin as possible. We ask that instead of making multiple trips from your car, that you unload the car all at once, and then drive your car back down to the main road. This will allow others to use the few spaces close to the cabins.
- **Parking:** Once you are settled into your cabin, we ask that you park your car at the Long-Term parking area called "the Gravel Pit," about a mile away, at the other end of the camps. It's a great quiet-dirt-road-ramble back past The Barn, Timberlake, and Tamarack Farm camps. You may also catch a ride back with the camp van at 4pm and 5:30pm Saturday, and again at 7:30am Friday morning. We request that you park your car at the Gravel Pit by Sunday

breakfast. If you drive over before those times and start to walk back, we'll pick you up along the road. It's been wonderful for most of us to go the week without getting into our cars!

- **How cabins are assigned:** We use the cabins at IB camp.

Here's what to expect:

- ✓ Because of covid-each family will be housed in their own cabin. If you are registering with another family and would like to share a cabin with them, please note that on your registration.
- ✓ Whenever possible, families with children aged up to eight years of age will be placed in cabins closer to the IB main lodge.
- ✓ Some of the long-time Family Camp families request and, when possible, remain in a cabin they've enjoyed for years.
- ✓ Cabins are rustic and unplugged (no electric) in nature and typically have one side open to the beautiful outdoors! Be sure to bring a flashlight.

It can be quite a juggling act to find everyone the perfect place. To the extent possible we will do our very best to honor requests. We can guarantee that each family will enjoy a lovely, rustic cabin on a stunning Vermont hillside, no more than 500 meters from a beautiful mountain lake.

- **Visitors during Family Camp:** Considering covid- We will not be permitting visitors or delayed arrival family campers at Family Camp this year.

THE PROGRAM

The real magic of Family Camp comes as we creatively unfold the community together. Together we will be building the joy and sharing the bounties. Together we will be taking care of life's daily tasks. Camp is at its best, like a beautiful tapestry of hands - hands that are full of spirit and energy, hands that are kind, working, playful, dancing hands.

- **Community Chores (we call these "asanas" at Family Camp).** Asanas are a wonderful way to show your love of the community. They include helping our cooks prepare meals, cleaning the lodge, washing pots and more. We ask that each person aged 15 and older sign up for approximately 4 to 5(1 a day) asanas and 1 "social" asana during the week of Family Camp. Many younger campers have shown great spirit by taking full or partial shares in the asanas. Campers under age 15 are asked to sign up for asanas labeled "youth." Part of the spirit we strive to build counts on each person taking full responsibility for these tasks. **The whole community benefits from your willing and reliable participation.** In bringing positive, joyful attitudes to this work we weave a wonderful tapestry of wholeness throughout the camp. There will be an asana sign-up sheet in the lodge. Please sign up by the end of breakfast Tuesday morning. Once you are all signed up, it helps to create a reminder for yourself, so you are sure to show up for all your asanas!!

- **The Daily Schedule** (without the delicious specifics)

We try to stay close to these times, but the schedule acts more as a guide.

8:00am Breakfast	2:30pm Afternoon Activity
9:15 Silent Meeting	5:45 Dinner
9:45 Morning Activity	7:15 All Camp Evening Activity
12:15pm Lunch	8:30 Good Night for Young People
1:30 Cabin/Quiet Hour	9:00 Organized activities and/or hang out for older kids & adults

- **Daily Activities:** Family Camp is intentionally set up so that participants in combination with staff plan the days' activities and adventures together. To make this work well, we count on campers to scheme up and/or lead a new or favorite activity. Trying out things you've never done before is encouraged...some of our greatest successes have been the flops! In the past few years, there has been such an abundance of energy and ideas that we often don't have time to do all the wonderful activities that are offered. Remember to pack any "stuff" you need if you plan on leading an activity. We have a very limited supply budget but may be able to reimburse you for your materials if you check with Marcos and John ahead of time and save your receipts. A town run can be made early in the week for supplies we don't already have. Just to get your mind churning, here's a sampling of just a few activity possibilities:

*Crafts: Puppet-making, quilt-making, beading, woodworking, tie-dye, bookmaking, silk-screening, bubbles, kite making, weaving....

*Relaxation: Sunning, rocking on the porch, napping, reading...

*Farm and Garden: Harvest fresh organic veggies, pick berries, apples, milk cows...

*Gastronomy: Make pesto, cider, pies, homemade fresh berry ice cream, bring a favorite recipe...

*Health and Wellness: Yoga, Tai Chi, massage, meditation, resting, hiking, long swims.

*Performing Arts: Singing, dancing, storytelling, skits, making music, reading aloud
(Bring your instruments and favorite books!) ...

*Games: Ultimate Frisbee, soccer, New Games, magic, board games, adventure course...

* And more: feeding and caring for the farm animals, exploring on foot, canoeing, discussion topics, resource-sharing, evening slide shows...

You may want to bring some white cotton clothing or cloth if tie-dying activities are offered.

- **Evening Activities:** Each night there will be an all-camp activity for campers of all ages. After that activity, there will be about a ½ hour to allow parents to put their kids to bed or organize the evening's child-care arrangements. This short break will often be followed by additional organized or spontaneous activities for adults and older kids. With no laundry or homework to do, this also can be a wonderfully sweet time to simply hang out and unwind.

Out of respect for those who are sleeping, we ask that half an hour after the all-camp activity ends that folk take noises louder than a whisper into the lodge. When walking around or between camps at night, please let the dominant noises be the crickets and barred owls!

- **Silent Meeting:** Over the years Silent Meeting has become one of the richest and most beloved traditions at Farm & Wilderness. It is a time for quiet reflection that helps set the pace for the day and builds a sense of community. We strongly encourage people of all ages to join Meeting, even if at first it seems strange. It is most rewarding and powerful when IB rings out

in a beautiful peal of quiet and calm during these 20-30 minutes each day. There is something magical in that breath of stillness that can only be felt. If you've never participated in silent meeting before, here's what to expect:

* Following tradition, meeting begins when the first people sit down in silence, so please enter and be seated quietly. Our meeting closes with greetings and a song.

* Much of the meeting is passed in silence. When someone is moved to speak, they speak to the group. We try not to dialogue, though there might be a connection between one reflection and another.

* Some children, even very young ones, find that they love the silence of these meetings, while others will prefer to leave with a few pre-designated adults who will stand up 5-15 minutes into Meeting and lead the children to the Cracker Barrel and facilitate them in a "Talking Meeting." At this meeting, you will have an opportunity to share your thoughts and feelings when you hold the "talking stick," and listen to others as the stick gets passed around. The talking meeting will last until the Silent Meeting is over.

* There will be child-care in the Main Lodge for little ones who can't join the other meetings.

* If anyone young or old decides not to take part in this gift of silence, we respectfully ask that you go to the IB apple orchard during Meeting.

- **Farm Visits and Barn Chores:** Everyone is encouraged to visit the IB Barn for Barn Chores. The animals will love it, and so will you. The Farm staff need lots of help with barn chores every day at 6:15 am and 4:15 pm.

Farm Rules:

- 1) Children must be accompanied by an adult (One adult for every two children.)
- 2) There is a 6-child limit at a time.
- 3) Wear covered/closed toe shoes (no sandals).
- 4) Please do not enter an animal pen/enclosure without a Farm staff present.
- 5) Close all gates and doors behind you.

OTHER IMPORTANT THINGS TO KNOW ABOUT FAMILY CAMP

- **How to reach participants at Family Camp**

There is NO cell reception at IB. Participants can be reached at the main lodge (802) 487-0399 or for urgent matters, the Farm & Wilderness answering service can be used to page "Family Camp". 1888-622-3276.

- **Cell reception, Laptops, cell phones and other internet connected devices:**

There is NO cell reception at IB. In the spirit of Farm & Wilderness being "unplugged" we strongly recommend that participants leave their laptops and other internet connected devices at home or store them in your car for the week.

- **Announcements:** After each meal there are Announcements, Announcements, Announcements! We'll sing a song or two, maybe tell a quick joke, and communicate what, where, and when of upcoming activities and events. The blowing of the conch shell signals the beginning of announcements. When you hear it, please stop whatever you're doing (clearing, cleaning, and working in the kitchen, outdoor play) and come listen. We will continue to try to

keep announcement time playful and short...your good humor, patience, and focus (and support with the younger, antsy set) will help the whole thing flow along.

- **Noise:** Family Camp is often a joyful place, but with over 100 people for three meals a day, it is not often a quiet place. If you are a person that needs quiet, there are many ways to find it. Mostly you yourself will have to seek and find those quiet moments and places. Quiet walks along the dirt road, early morning stillness on the lake, and long stretches of lakeside peace, beautiful gardens, and thousands of acres of forest. (If you go for a wander, let someone know where you're heading). If you're finding a meal just a little too noisy, feel free to take a plate of food off and find that just right place.
- **Cabin Hour:** After lunch time announcements, as is the tradition in all the F&W camps, everybody returns to their cabin for Cabin Hour. This is a quiet time, a time for touching base with our families, quiet conversations, quiet games, napping, etc. This rest hour is a peaceful, slower-paced gift we seldom get in our high-speed society, and a practice which summer camps and many countries still wisely observe.
- **Waterfront:** Complete waterfront, boating, and distance-swim rules will be posted at the waterfront and must be read prior to getting in or on the water. For now, please know that:
 - * There must be a lifeguard present to swim.
 - * There must be an adult present to "dip" (to wade up to navel/waist only with two feet firmly on the ground).
 - * You may swim past the raft(s) only with lifeguard's permission.
 - * You must wear a PFD (personal floatation device) when in any watercraft.
 - * To boat beyond the raft(s), an adult must be in the boat.

Family Camp swimming and sauna is "suits only." Please pack your bathing suit. Families who have been with F&W for a long time may remember a time when skinny dipping was permitted. That is no longer the case at Family Camp or organizational wide at Farm & Wilderness. If you are unable to follow the waterfront rules or safety instructions from our certified waterfront staff, you may be asked to leave Family Camp.

- **Napkins:** A long-time family camp quirk that some folks appreciate, and others can't stand is that there are generally no napkins available at camp. The best way of insuring that you have one if you want one is to pack a reusable cloth napkin or two for each camper in your group and store it in your cubby in the lodge between meals. (Similar measures are advised if a big ceramic mug makes a difference in how you start your day!)
- **Outhouses:** Though the subject may make campers who are new to F&W want to flush, the outhouses (Kybos) near each cabin, (complete with cold water spigot and soap,) have become one of the adventures the camps bring to the lives of people in modern, indoor-plumbing society. These kybos have helped to preserve the fragile eco and septic systems at the camps. *Using the Kybos:* Each Kybo should be supplied with toilet paper and a can of sawdust. The sawdust is a "dry flush" to be thrown down after each use. We encourage the use of Kybos. Those who need a bit of help with the transition can find flush toilets in the Cozy Lodge.

Kybo comfort and etiquette: Many of the Kybos are at least two-seaters. To help people who need privacy feel more comfortable, we ask that when you approach a kybo, you call out from a respectful distance, "Red light or Green light?" The occupant may then respond, "Green light" (come on in) or "Red light" (please wait at a distance.)

Also, please keep yourself and other campers healthy-- wash your hands thoroughly with soap and water after each Kybo use, before meals, and throughout the day.

- **Showers:** There are rustic shower houses with hot water and great views. The shower system (where/when to shower to accommodate varying needs for privacy) will be explained and posted at camp.
- **General Safety and Behavioral guidelines:** When you registered for Family Camp you and your family agreed to follow our general safety and behavioral guidelines to assist in creating a physically and emotionally safe, inclusive community. In the spirit of keeping everyone safe and comfortable, here they are again, just so that you aren't surprised by anything when you arrive. Please be sure to share them with the other members of your family.
 - 1) You agree to follow all Farm & Wilderness covid measures in place during Family Camp, including pre-camp rapid antigen and arrival testing and health screening. (Please be sure to read the covid section of this document and share it with all members of your family.)
 - 2) Be responsible for yourselves; Parents and guardians carry full responsibility for supervising and caring for their children and their guests, even when they have temporarily delegated this responsibility to another person at camp.
 - 3) Children under 18 must come with their own parents/guardian or a chaperone over the age of 21. Chaperones may be responsible for no more than 2 children.
 - 4) No tobacco, drugs, alcohol, or firearms allowed.
 - 5) No open flames inside any of the buildings (except established fireplaces).
 - 6) Outdoor fires are only permitted in established firepits.
 - 7) You agree to participate in the community tasks associated with this event including meal preparation and cleanup.
 - 8) You agree to leave your pets at home.**
 - 9) Please leave your electronic devices (I-pods, I-phone, electronic games, etc.) in your car.
 - 10) You agree to abide by the waterfront rules.
 - A certified lifeguard must be on duty to swim at any time at the waterfront.
 - No child should be at the waterfront at any time without a parent or parent-designated adult.
 - Safety vests (PFDs, life jackets) must be WORN by each person in a canoe or boat.
 - A certified lifeguard must be present when people are using watercraft/boating.
 - Children under age 18 who can swim may only go boating with their parent or parent-designated adult.
 - No diving off docks.

- Dipping up to the navel/waist (both feet firmly on the bottom) is allowed if 2 people are present and one person is an adult.
 - The Family Camp waterfront is suits-only swimming. There is no skinny dipping at Family Camp or anywhere on Farm & Wilderness property.
- 11) You understand that Family Camp takes place in rocky, mountainous, and forested terrain on and around Farm & Wilderness lands and those waterfront activities may be a part of the experience. The following potentially hazardous activities, as well as others not mentioned, may be undertaken; rustic living, hiking, swimming, canoeing, rock climbing, cooking, and doing barn chores. These activities can cause personal injury, property damage, illness, or death. You realize that Farm & Wilderness does not provide childcare or adult supervision for children under the age of 18. Childcare and adult supervision is the responsibility of the parents and chaperones.

CLEAN-O-RAMA!

The last morning of camp will start with breakfast at the regular time, followed by an all-camp "Clean-O-Rama". This helps ready IB grounds and facilities for the fall retreat season or winter readiness. There will be a sign-up sheet for the Clean-O-Rama. Willing hands and hearts will make this last community chore light work and leave us feeling great! A few families might be needed (if they are interested) to help with the final cleaning details after the "to-go lunch". Please sign up on the clean-o-rama sheet.

LAST SILENT MEETING AND DEPARTURE:

After the Clean-O-Rama, we will have our last silent meeting and a closing good-bye circle. We should be finished by around 11:30am. Yummy leftovers will be available for you to pack to go for your trip home.

The last morning's program is an integral part of Family Camp. Please allow for it when making your departure and travel plans.

The "What to Let John or Marcos Know Before Camp" Checklist:

- ☐ It is essential this year that all families leave enough time to arrive between 2 and 4:30pm. If something happens that causes your delay, be sure to call the camp number as soon as possible.
- ☐ If you have any diet restriction that was not mentioned on your registration forms.
- ☐ If you have an activity you would like to lead that involves supplies reimbursement.
- ☐ Any housing needs or wants not mentioned on your registration forms.
- ☐ If you have any questions, concerns, wants, worries, thoughts, ideas, about camp or if there's anything you'd like to discuss based on your experience in previous summers.

Getting in touch with the Camp Directors:

Both Co Directors are available on-and-off before the start of camp. If you leave either a message, please include your name, phone number, and a good time to reach you. They will return your call as soon as they can: Marcos Levy thenewlearningproject@gmail.com
John Porcino 413-687-2602 or john.porcino.storyteller@gmail.com

With the dynamic combination campers and a natural, rural setting, we've got the makings for a glorious Family Camp! Soon we'll share in the joy of splashing into clean, cool, Woodward Reservoir, breathing mountain air, preparing, and tasting the magnificent bounty of eight months of lovingly cared-for gardens, building amazing creations with our own hands, giggling and rolling in the grass, boisterously singing a good morning song, sharing the silences and the wisdom of our lives, dipping paddles gently into silent waters, listening to magical stories by firelight, and much more. We're excited to meet and see each one of you and look forward to celebrating summer's fullness.

PS: Please remember to store this letter in a safe place until camp. Be sure to bring it with you to camp and refer to it as needed.

COVID SAFETY MEASURES for FAMILY CAMP-

Partnership with all our camp families is critical in ensuring that family campers enjoy a fun and safe week at Farm & Wilderness (F&W). Camp is a unique congregate setting different from your own home.

In advance of arrival at camp, we ask all family campers:

1. All family-campers must take a **Rapid Antigen Test (RAT) 24 hours in advance of their arrival** Take a picture of each family-camper holding their negative test. Please be sure to save this on your phone as there is no cell reception or wi-fi at the entrance to camp. If you do not have this photo verification for each camper, you will be delayed entry into camp.
2. Adopt **low-risk behaviors** and self-health monitor the week prior to camp.
3. We are including vaccines as part of our wider covid health and safety plan, and in combination with other protocols. We are requiring all family campers to be **fully vaccinated and up to date with their covid vaccination**, including a booster when eligible. If we have not received this information by the deadline given by admissions, your registration will be canceled.

It is paramount that everyone arrives at camp healthy with no covid, cold or virus symptoms. We are asking all families to take action to minimize their exposure to covid by participating in low-risk behaviors the week prior to arrival. This gives everyone at camp the best chance of creating a healthy community from the very start! **Low-risk behaviors** are those that involve layering these strategies:

- Being outdoors or in well ventilated spaces
- Avoiding congested and/or public indoor spaces when possible
- Physical distancing
- Wearing a N95 or KN95 mask in congested spaces or in public indoor spaces.
- Wearing an N95 or KN95 mask when using mass transit (bus, train, plane)
- Good hand hygiene
- Avoiding exposure to individuals who have covid or who exhibit symptoms consistent with covid or other transmissible illnesses

We recommend that families avoid large gatherings or groups, especially those held indoors. If you are headed out to dinner, it is best to dine outdoors. If you must attend a crowded, indoor event, wear a N95 or KN95 mask. If you must travel by air, train, or bus wear a N95 or KN95 mask. Call ahead before visiting friends and family to make sure everyone is feeling well. Lean on the side of caution (sometimes it's NOT just allergies!).

Pre-camp health screening:

Families will be required to monitor their health the week prior to camp including checking temperature and for symptoms, including a fever over 100.4, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, new loss of taste or smell, sore throat, or vomiting. Any fever or answering yes to any prescreen questions should be followed up with a phone call or email to admissions to discuss what that means for attending family camp. Families will be asked to attest to having done this prescreening and that all family campers have been symptom free, are not a known close contact or tested positive for COVID in the 10 days ahead of arrival at camp.

Illness or exposure to covid -19 before camp

All family campers must arrive at camp healthy, with no Covid, cold, or virus symptoms, including:

- Cough
- Runny nose
- Fever within last 24 hours
- Sore throat
- Digestive upset/vomiting within past 24 hours
- Positive Covid-19 test results

If you or any family members are sick (even if they test negative for covid), has been in close contact with someone with Covid-19 or tests positive for Covid-19 in the 7-10 days before family camp, you **MUST** notify the Admissions team right away so that a plan can be made. It is likely that you will not be able to attend family camp. If you need to cancel your registration because of covid exposure or illness, you will receive a full refund minus the nonrefundable deposit.

In the event of illness, exposure to covid or a positive covid test:

- If a family camper has any signs and symptoms of illness in the 7 days before camp, even if they test negative for covid, we ask that you contact admissions.
- If an individual has been in close contact with someone who tested positive to covid in the 7 days before camp, you must contact admissions. It is likely that you will not be able to attend family camp.
- If anyone in the household tests positive for covid in the 10 days before camp, the household will not be able to attend family camp.
- If a family camper tests positive to covid-19 in the 10 days before camp, they will not be able to attend family camp.
- In the event that an individual's arrival testing is positive for covid or they have symptoms which are consistent with covid or other transmissible illnesses, the family group will not be allowed entry to camp. The best way to avoid this situation is to follow low-risk behaviors in advance of arrival and **make sure to complete the pre-arrival rapid antigen test 24 hours prior to arrival.**

When families arrive at Family Camp:

- We will health screen and rapid antigen test every member of your party at F&W before you get to IB.
 - All family campers in each vehicle will be asked covid screening questions and their temperature checked.
 - Please have the photo of each family member's rapid antigen test that was taken 24 hours before arrival, with you and easily accessible. Expect that you will not have cell coverage and Wi-Fi at your drop-off location, so if you are planning to show staff the negative test results on your phone, please have that image of them holding their negative result with their face visible saved and downloaded to your phone in advance of arrival. If you do not have this photo verification of a negative antigen test completed the day before arrival, you will be delayed entry into family camp
 - Each family camper will complete a point of entry rapid antigen test proctored by F&W staff before entry into IB.

Safety During Camp

Health and Safety Strategies

- We are requiring all campers and staff to be fully vaccinated and up to date with their covid vaccine, including a booster when eligible.
- Campers and staff will participate in a daily covid screening at their cabin.
- Consistent and routine cleaning of high touch surfaces at least daily.
- Regular handwashing
- Fans will be added to enclosed community use buildings to increase ventilation.
- **Masking indoors** and in vehicles when multiple cabin groups are in the same space or people who are not in the same cabin group are sharing a space. Cabin groups in their cabins do not need to mask.
- Masks will be required when entering, exiting, and moving about the dining hall during meals, meal prep and meal clean.

In the event of any signs and symptoms of covid while at family camp-

If a family camper develops signs and symptoms of covid while at Family Camp.

- A proctored rapid antigen test will be administered.
- If an individual tests positive for covid while at Family Camp; the positive individual and family group who are household close contacts will need to leave camp. Because of the length of family program- families will not be able to return to the program. A pro-rated refund will be given.
- If a negative test is returned and symptoms persist, a daily rapid antigen test will be administered and a follow up LAMP test will take place if needed. Additional measures such as additional masking and social distancing may be implemented for the symptomatic individual.